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Danville Cancer Association
2323 Riverside Drive
Danville, VA 24540

RETURN SERVICE REQUESTED

Danville
Cancer
Association



5-K Run/Walk
&
1-Mile Fun Run

On Danville's Scenic
River Walk Trail

May 22, 2010

9:00 a.m. – 1-Mile Fun Run
9:30 a.m. – 5-K Run/Walk

Rain or Shine

Proceeds:

Will be used to support
the efforts of the

Danville Cancer Association



Our Sponsors

Event Sponsors

Danville Running & Fitness Club
Danville Parks & Recreation

Platinum Sponsors

Centra
Commonwealth Home Health Group
Danville Regional Medical Center
Dunes Village Properties - Myrtle Beach
U M C Mission Celebration 2010
URW Community Federal Credit Union

Gold Sponsor

United Steel Workers Local 831

Silver Sponsors

Budweiser Select 55
Danville Toyota
Frank T. Grogan, DDS
Leech and Hicks Insurance of Lynchburg
Old Dutch Supermarkets

Bronze Sponsors

Abercrombie Oil Co.
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Ashley Furniture Home Store
Cardiology Consultants of Danville, Inc.
Danville Orthopedic Clinic
ERA Holly & Lewis Realty
First Citizens Bank
Gamewood
Hallmark Home Health Care
Hardy Petroleum
Karens' Hallmark Shop
Kentucky Fried Chicken (Bacon Enterprises)
M & M Furniture
Malcolm J. Mallery, DDS
Mark B. Holland, Attorney At Law
Piedmont Big Sale
Piedmont Infusion Services Inc.
Piedmont Internal Medicine
Riverside Roof Truss, LLC
Roots and Shoots Landscaping
Saunders Building Supply
Security Zone, Inc.
Townes Funeral Home and Crematory
Trinity United Methodist Church

Special thanks to our Race Facilitators:

Chic-Fil-A
Dan Valley Foods, Inc
Lowe's Home Improvement
The Logo Shoppe

Directions:

From Durham/Raleigh, NC - follow 86N to second stop light inside city limits, turn right, Industrial Ave. becomes Craghead St., continue on to Southern Railway Depot.

From Greensboro, NC - follow Business 29N to Memorial Dr., which becomes Craghead St.; follow to Southern Railway Depot.

From Richmond/South Boston, VA - follow 58W into Danville. Turn left at stop light at Main St. Bridge; at next stoplight take left at Lou's Antique Mall, continue on Craghead to Southern Railway Depot.

From Martinsville, VA - follow 58E (Riverside Dr.) to 29S-86S Exit ramp (next right after Danville Plaza Shopping Center), take Business District Exit to Memorial Dr.; cross Main St., continue straight on Craghead St. to Southern Railway Depot.

From Lynchburg, VA - follow 29S into Danville, continue on Piney Forest Road for 6 miles; take Business District Exit to Memorial Dr.; cross Main St., continue straight on Craghead St. to Southern Railway Depot.

About Danville Cancer Assn.

Danville Cancer Assn. is a local, United Way organization that provides patient aid to cancer patients in our community. All monies remain in the Danville/Pittsylvania County area to help defray the cost of services to cancer patients. DCA also offers educational programs, literature, and sponsors a monthly support group.



Services provided in 2009:

Service	# Units	Cost
Prescriptions	1533	\$ 57,268.00
Travel cks, written	259	\$ 20,405.00
Supplies/Equipment	249	\$ 3,447.00
Coping Meetings	12	\$ 466.00
Wigs provided	16	\$ 611.00
Total Services:	2069	\$ 82,197.00

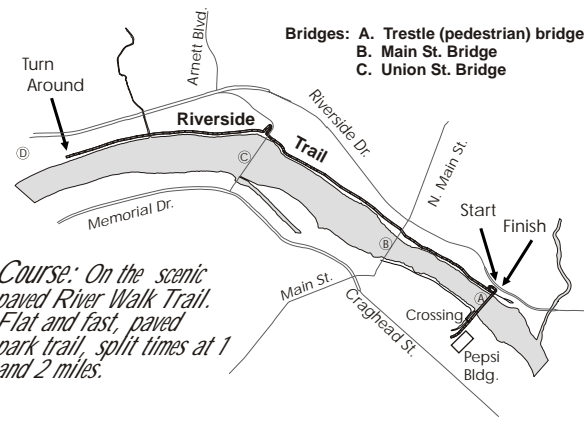
Number of Clients Served in 2009: 269

For more information about DCA, call or write Mary Crider; Danville Cancer Association 2323 Riverside Drive; Suite J Danville, VA 24540 Phone: (434) 791-3227

DONATIONS: if you wish to make a donation to DCA, make it payable to Danville Cancer Assn. and mail to Mary Crider,

Course Map

"Bridge-to-Bridge" Course Map



Information

REGISTRATION PROCEDURES: \$18.00 before May 1; \$20.00 after May 1 (no refunds). Your cancelled check is your receipt. There will be race day registration and packet pick-up from 7:00 a.m. - 8:45 a.m. at Pepsi Building. This registration form may be machine copied. We reserve the right to reject any entry.

1-MILE FUN RUN REGISTRATION: \$10.00 (for Children 10 and under only)

RACE PACKETS: T-shirts to first 150 registrants.

PACKET PICK-UP: Late registration and early packet pickup is May 21 from 5:00 pm to 8:00 pm at Danville Y.M.C.A.

LIQUIDS: At start/finish and turn-around.
REFRESHMENTS: Fresh fruit from Dan Valley Foods; bottled water from Lowes.

AWARDS

5-K RUN - First 3 male and female overall, to first three in each age group & to first male & female master. AGE GROUPS: 0-14, every 5 years up to 69, 70 and over.

5-K WALK - First 3 male & female overall. AGE GROUPS (male & female, first 3 in each group) 0-19, every 10 years up to 69, 70 and over.

1-MILE FUN RUN - First 3 overall male & female finishers and ribbons to all participants.

MORE RACE INFORMATION: Call (434) 793-3409 or (434) 203-0275.

Official Entry Form

Bridge-to-Bridge 5-K 2010

May 22, 2010 - Rain or Shine
 (Please fill out completely. Print clearly)

Last Name _____ First Name _____ M.I. _____

Street Address _____

City _____

State _____ ZIP _____

E-Mail address _____

Phone _____ Age (as of 5-22-2010) _____

Sex M F; _____
 Place of Employment _____

Event: 5-K Run 5-K Walk Fun Run

Shirt Size: S M L XL

5-K: \$18.00 before May 1; \$20.00 after May 1
Fun Run: \$10.00

Mail Entry Form and Check payable to Danville Running and Fitness Club to: Mary Dumont 249 West Main Street, Danville VA, 24541

For more information, call: (434) 793-3409 or (434) 203-0275

WAIVER: (Must be signed)

In acceptance of this entry, I waive and release the sponsors, organizers and representatives of the Bridge to Bridge 5-K from any and all claims resulting in illness or injury suffered by me as a result of this event. I also release the use of my name or any record of my participation in this event for promotional or publicity purposes without obligation to me.

Signature _____

Date _____

Parent signature (if under 18 years old) _____